

CalPERS 2009 Health Premiums - Regional *Contracting Agencies Only*

Basic	2008			2009			Percent Change (+/-)
	Single	2-Party	Family	Single	2-Party	Family	

Basic Premium Rates - Bay Area/Sacramento Alameda, Amador, Contra Costa, El Dorado, Marin, Napa, Nevada, Placer, Sacramento, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, Sutter, Yolo, Yuba

Blue Shield NetValue	\$478.22	\$956.44	\$1,243.37	\$495.50	\$991.00	\$1,288.30	3.61%
Blue Shield Access+	532.93	1,065.86	1,385.62	560.57	1,121.14	1,457.48	5.19%
Kaiser CA	470.67	941.34	1,223.74	508.30	1,016.60	1,321.58	7.99%
PERS Select	467.18	934.36	1,214.67	453.16	906.32	1,178.22	-3.00%
PERS Choice	482.48	964.96	1,254.45	482.48	964.96	1,254.45	0.00%
PERSCare	749.83	1,499.66	1,949.56	749.83	1,499.66	1,949.56	0.00%

Basic Premium Rates - Los Angeles Area Los Angeles, San Bernardino, Ventura

Blue Shield NetValue	\$351.77	\$703.54	\$914.60	\$364.49	\$728.98	\$947.67	3.62%
Blue Shield Access+	392.01	784.02	1,019.23	412.35	824.70	1,072.11	5.19%
Kaiser CA	359.30	718.60	934.18	388.02	776.04	1,008.85	7.99%
PERS Select	434.80	869.60	1,130.48	421.75	843.50	1,096.55	-3.00%
PERS Choice	449.04	898.08	1,167.50	449.04	898.08	1,167.50	0.00%
PERSCare	697.87	1,395.74	1,814.46	697.87	1,395.74	1,814.46	0.00%

Basic Premium Rates - Other Southern California Fresno, Imperial, Inyo, Kern, Kings, Madera, Riverside, Orange, San Diego, San Luis Obispo, Santa Barbara, Tulare

Blue Shield NetValue	\$401.98	\$803.96	\$1,045.15	\$416.49	\$832.98	\$1,082.87	3.61%
Blue Shield Access+	447.97	895.94	1,164.72	471.18	942.36	1,225.07	5.18%
Kaiser CA	393.63	787.26	1,023.44	425.11	850.22	1,105.29	8.00%
PERS Select	444.05	888.10	1,154.53	430.72	861.44	1,119.87	-3.00%
PERS Choice	458.59	917.18	1,192.33	458.59	917.18	1,192.33	0.00%
PERSCare	712.71	1,425.42	1,853.05	712.71	1,425.42	1,853.05	0.00%

Basic Premium Rates - Other Northern California Alpine, Butte, Calaveras, Colusa, Del Norte, Glenn, Humboldt, Lake, Lassen, Mariposa, Mendocino, Merced, Modoc, Mono, Monterey, Plumas, San Benito, Shasta, Sierra, Siskiyou, Stanislaus, Tehama, Trinity, Tuolumne

Blue Shield Access+	\$540.94	\$1,081.88	\$1,406.44	\$569.01	\$1,138.02	\$1,479.43	5.19%
Kaiser CA	481.14	962.28	1,250.96	519.62	1,039.24	1,351.01	8.00%
PERS Select	485.68	971.36	1,262.77	471.10	942.20	1,224.86	-3.00%
PERS Choice	501.59	1,003.18	1,304.13	501.59	1,003.18	1,304.13	0.00%
PERSCare	779.53	1,559.06	2,026.78	779.53	1,559.06	2,026.78	0.00%

Basic Premium Rates - Out-of-State

Kaiser/Out-of-State	\$625.52	\$1,251.04	\$1,626.35	\$660.32	\$1,320.64	\$1,716.83	5.56%
PERS Choice	525.47	1,050.94	1,366.22	525.47	1,050.94	1,366.22	0.00%
PERSCare	816.65	1,633.30	2,123.29	816.65	1,633.30	2,123.29	0.00%

Basic Premium Rates - PORAC - All Regions

PORAC	\$452.00	\$847.00	\$1,076.00	\$484.00	\$906.00	\$1,151.00	6.98%
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Medicare	2008			2009			Percent Change (+/-)
	Single	2-Party	Family	Single	2-Party	Family	

Medicare Premium Rates - All Regions

Blue Shield NetValue	\$304.66	\$609.32	\$913.98	\$304.66	\$609.32	\$913.98	0.00%
Blue Shield Access+	341.44	682.88	1,024.32	341.44	682.88	1,024.32	0.00%
Kaiser CA	273.36	546.72	820.08	280.16	560.32	840.48	2.49%
Kaiser/Out-of-State	298.67	597.34	896.01	318.84	637.68	956.52	6.75%
PERS Select ¹	349.11	698.22	1,047.33	349.11	698.22	1,047.33	0.00%
PERS Choice	349.11	698.22	1,047.33	349.11	698.22	1,047.33	0.00%
PERSCare	404.60	809.20	1,213.80	404.60	809.20	1,213.80	0.00%
PORAC	308.00	614.00	983.00	330.00	657.00	1,052.00	7.06%

¹PERS Select is identical to PERS Choice for the Medicare Supplement Plan